

EXPRESS LUNCH
STARTING AT 150

12PM - 3PM
EVERYDAY

FRITES

HAPPY HOUR DAILY
50% OFF

12PM -8PM
BEERS, HOUSE WINE & SPIRITS

BELGIUM ON TAP
EST. 2007

COLD STARTERS 冷盤

CHARCUTERIE ① 285
Selection of cold cuts, pickles, sourdough toast
凍肉拼盤 精選冷切肉、酸瓜、酸種多士

SMOKED SARDINE FILLET 165
Smoked sardine fillets, tomato chutney, herb oil, lemon zest, toasted sourdough
煙燻沙丁魚多士 番茄辣醬、香草油、檸檬皮配酸種多士

STEAK TARTARE ①④ 225
Hand cut USDA beef tenderloin, frites
生牛肉他他 手切美國USDA 1855 安格斯 菲力配薯條

MARINATED TUNA ① 215
Avocado, tarragon, cilantro, candied orange peel, dijon mustard, lemon shallot vinaigrette
吞拿魚他他 牛油果、龍蒿、芫荽、蜜餞橙皮、法式芥末、檸檬蔥醋汁

CRAB TIAN ① 185
Celeriac remoulade, crushed broad bean, avocado, tomato, pea shoot, lemon dressing
蟹肉千層 西芹頭、毛豆、牛油果、番茄、豇芽苗及檸檬油醬汁

SALMON GRAVLAX ② 215
Beetroot vodka cured salmon, dill, balsamic beets
北歐甜菜根醃漬三文魚 甜菜伏特加醃三文魚、小茴香、香醋甜菜

MOULES FRITES 青口薯條

比利時的國菜
我們是香港獨家供應「海洋到餐桌」Kinkawooka 青口，
這些青口來自澳洲南部的純淨水域，
並以可持續方式捕撈。

FRITES HOUSE MUSSELS
Diced tomato, garlic, onion, light cream, fresh chive
招牌忌廉口味 番茄、蒜蓉、洋蔥、細香蔥、忌廉

PROVENÇALE
Tomato, garlic, onion, herb butter
法式普羅旺斯風味 番茄、蒜末、洋蔥、香草牛油

MARINIERE
White wine, shallots, garlic, thyme, parsley butter
經典白酒口味 白酒、紅蔥、蒜末、百里香、歐芹牛油

LAKSA
Coconut cream, lemongrass & kaffir lime aromatic curry
東南亞喇沙口味 香茅青檸葉咖喱汁

PERI PERI ②
Peppers, chilli, onion, lemon, herbs
葡式霹靂霹靂口味 辣椒、洋蔥、檸檬、香草

ALL SERVED WITH FRITES & MAYO
配薯條及蛋黃醬

1/2kg 半公斤 — 275 | 1kg 一公斤 — 450

FRITES FAVOURITES FRITES 推介

LOBSTER SPAGHETTI 575
Atlantic live lobster, spaghetti, bisque, confit tomato, herbs
活龍蝦意大利粉 大西洋龍蝦、油漬番茄、新鮮香草

FIRECRACKER SALMON 295
Sriracha salmon fillet, potato, cucumber, lemon dill yoghurt
火辣三文魚 蒸焗是拉差三文魚、馬鈴薯、青瓜、檸檬刁草乳酪汁

TOMAPORK SCHNITZEL 295
Pan-fried crumbed tomapork schnitzel
香煎戰斧豬扒

CHICKEN PARMIGIANA 235
Classic USDA chicken breast cutlet, mozzarella, provençale sauce
焗巴馬臣芝士雞胸 USDA美國雞胸、水牛芝士、法式普羅旺斯醬

DUCK À L'ORANGE 375
Confit duck, orange jus, herbs
法式香橙鴨 油封鴨、橙汁、香草

LE RICH MAN'S BURGER 195
Wagyu patty, cheddar, tomato, lettuce, bacon, egg, onion, frites
豪華堡包 和牛漢堡扒、串打芝士、番茄、生菜、煙肉、雞蛋、洋葱、薯條

CEP AND TRUFFLE RISOTTO ② 225
Wild mushrooms, parmesan, truffle, fresh herbs
牛肝菌松露意大利飯 野生雜菌、巴馬臣芝士、松露香草

PORK KNUCKLE 285
1kg crispy skinned pork knuckle, caramelised brunoise vegetables
脆皮鹹豬手 一公斤 香脆鹹豬手配焦糖烤雜菜

THE GOOD WIFE SAUSAGE 255
Half a metre Austrian pork sausage, vine tomato, onion sauce, mash
GOOD WIFE 香腸 半米長奧地利肉腸、烤藤茄、洋葱汁、馬鈴薯蓉

ROASTED PERI PERI CHICKEN ② 295
Marinated chicken, orzo saffron, tomato, pea, leek, peri peri spicy sauce
葡式霹靂霹靂雞 葡式香辣烤雞、番紅花意粉米、番茄、碗豆、大蒜

SEAFOOD RISOTTO 245
Prawn, scallop, mussel, diced tomato, zest
海鮮意大利飯 大蝦、帶子、青口、番茄、果皮

DESSERTS 甜品

WAFFLE BOMB ALASKA 135
Liege waffle, chocolate ice cream, soft meringue, chocolate sauce
比利時窩夫 自家列日製窩夫、朱古力雪糕、軟蛋白霜、朱古力醬

TARTE TATIN 125
Upside down baked apple tart, vanilla ice cream, Calvados Anglaise
焦糖蘋果批 配 雲呢拿雪糕、白蘭地忌廉汁

CRÈME BRÛLÉE 85
Rich custard, caramelised sugar
法式焗蛋 焦糖脆面配以醇滑焗蛋

STICKY DATE PUDDING 95
Sticky date pudding , double vanilla ice cream, butterscotch sauce
蜜棗布丁蛋糕 雲呢拿雪糕、奶油糖醬

BLACK FOREST FONDANT 95
Chocolate lava cake pudding, mixed wild forest berry compote, vanilla ice cream
黑森林心太軟 朱古力心太軟、雜莓醬、雲呢拿雪糕

DAME BLANCHE 95
Classic belgian dessert, vanilla ice cream, chantilly cream, chocolate sauce
山峰雪糕 經典比利時甜品、雲呢拿雪糕、鮮奶油、朱古力醬

HOT STARTERS 前菜

FLEMISH ONION SOUP 95
Rich beef broth onion soup, melted cheese crouton
法式洋葱湯 配濃郁洋葱牛肉湯、融化芝士麵包

ESCARGOT 135
French snails, garlic herb butter, toasted sourdough
法式蝸牛 配蒜蓉香草牛油及酸種多士

AUBERGINE PARMIGIANA ② 195
Baked eggplant, parmesan, burrata, Provençale sauce
意式焗茄子巴馬臣 焗茄子、巴馬臣芝士、水牛芝士、普羅旺斯醬

SAUTÉED PRAWN ① 225
Sautéed prawn, caper, olive oil, paprika, chilli
酸豆檸檬蝦 酸豆牛油檸檬汁及蒜蓉包

PAN-SEARED SCALLOPS 225
crispy parma ham, pea purée
香煎帶子 香脆巴馬火腿、豇蓉

SALADS 沙律

SUPER QUINOA SALAD ② 175
Wild rice, silver chard, sweet corn, broccoli, french bean, carrot, raisin, avocado, beetroot citrus dressing
超級藜麥沙律 野米、銀甜菜、甜玉米、西蘭花、四季豆、蘿蔔、葡萄乾、牛油果、甜菜根柑橘汁

CAESAR SALAD 145
Lettuce, anchovy, bacon, parmesan, crouton, Caesar dressing
傳統凱撒沙律 羅馬生菜、鯷魚、煙肉、巴馬臣芝士、脆麵包粒、凱撒沙律醬

NIÇOISE SALAD ①④ 215
Tuna, potato, bean, anchovy, olive, red onion, tomato, caper, egg, lettuce
吞拿魚沙律 油浸吞拿魚、馬鈴薯、法國邊豆、鯷魚、水欖、紅洋蔥、番茄、水瓜柳、蛋及生菜

BURRATA SALAD 225
Tomato, olives, basil, red onion, croutons, pesto, balsamic
流心水牛芝士沙律 番茄、橄欖、羅勒、紅洋蔥、麵包、青醬、油醋汁

STEAK FRITES 牛扒薯條

我們僅供應USDA認證1855黑安格斯牛肉。
在廚師精湛手藝下，
完美呈現其豐郁層次與細緻肉質。

ENTRECÔTE 595
USDA top choice ribeye 500g, rich, juicy and full-flavoured with generous marbling
肉眼牛扒 美國USDA 500 克肉眼扒、大理石紋濃郁多汁

NY STRIPLOIN ①④ 495
USDA prime striploin 400g, intense flavour with bold,beefy notes
紐約西冷牛扒 美國USDA 400 克西冷牛扒、肉味最為香濃

FILET MIGNON ①④ 550
USDA tenderloin 250g, most delicate, tender and lean cut
菲力牛排 美國USDA 250克菲力牛排，肉質鮮嫩、油脂較少

ALL SERVED WITH FRITES & MAYO
及蛋黃醬配薯條

PICK YOUR SAUCE 自選醬汁

PEPPERCORN 胡椒醬	TRUFFLE BUTTER 黑松露牛油	CHIMICHURRI 阿根廷青醬
BÉARNAISE 法式伯那西醬	PERI PERI ② 葡式霹靂霹靂醬	

SIDES 配菜

FRITES 薯條 ①④②	95
GREEN SALAD 青沙律	80
MASHED POTATO 馬鈴薯蓉	70
GARLIC BREAD 蒜蓉包	70
GREEN BEAN AND LARDON 煙肉法豆	95

① = DAIRY FREE 無乳製品 | ④ = GLUTEN FREE 無麩質 | ② = VEGETARIAN 素食 | ② = SPICY 辛口

ALL PRICES ARE IN MOP 所有價格以澳門元計算 / 10% SERVICE CHARGE APPLIES 另加一服務費

PLEASE NOTIFY US OF ANY ALLERGIES OR DIETARY REQUIREMENTS 如有任何過敏或飲食要求 請告知我們

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